



The Incredible Years Program

Are you looking for support for your 6-8 year old?
Is your child hyper-active, can't sit still, struggling to focus,
acting aggressively or having a hard time making friends?

CHILD GUIDANCE CAN HELP!

Program Description:

Meets every Tuesday from
5:30-8pm for 20 weeks

Offers practical behavioral
health advice and support
for both caregivers and
children.

Works with children ages
6-8 who are over-active,
inattentive, noncompliant,
aggressive, or have trouble
making friends.

Free dinner is included for
adults and children!

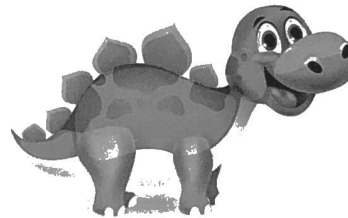
Childcare for siblings is
available free of charge.

Parents participate in The
Incredible Years program at
the same time, the children
learn from the Dina
Dinosaur Program which
allows us to best meet your
needs and encourages
optimal growth.

The Incredible Years is an evidence-based program developed in 1983
created to help families with over-active, inattentive,
noncompliant, and aggressive children.

The Incredible Years:

- Builds caregivers' approaches for promoting children's social and emotional competence at home and school.
- Works with caregivers to help develop plans for children to improve school readiness and success.
- Treats and prevents children's oppositional and aggressive behavior
- Offers weekly therapeutic phone check-ins as well as parent-to-parent support.



Sessions for Caregivers Include:

- Child-Directed Play Skills
- Effective Limit Setting
- Handling Children's Misbehavior
- Effective Communication Skills
- Problem Solving
- Emotional Regulation Skills
- Promoting Social Skills
- And more!

Dina Dinosaur Program includes:

- How to do your best in school
- Understanding your feelings
- Problem solving
- Controlling anger
- How to be friendly
- How to talk with friends
- And more!

The Incredible Years is a 20 week program and meets every Tuesday
from 5:30--8pm at Child Guidance:
2000 Old West Chester Pike, Havertown, PA.

For more information, or to register, please call
484-454-8720

Call today -- space is limited!



Most Major Commercial Insurances and Medical Assistance Accepted